

Naturally Resourceful

a short course for rural women...

Tambo Town Hall

Wednesday 28th & Thursday 29th April 2010

You are invited to a two day workshop that is specifically designed for rural and remote women.

Workshop topics include:

Day One

DiSC Personality Profiling
Communication
Succession Planning
Biodiversity

Day Two

NRM Grants & Grant Writing
Planning for Positive Change
Arts - Interior design tips and tricks
Health and Wellbeing

"Great opportunity to learn practical things and to gain self understanding and support to work towards personal and business goals." Winton participant

"Extremely interesting and informative in a very comfortable and friendly atmosphere that is very much geared for rural women; a good grounding in rural living with a broad range of information to build strong leadership in a community." Boulia participant

"Days of fun and learning in a friendly environment with great speakers and fantastic facilitator." Winton participant

"Relaxed environment where your opinions are listened to and it is easy to contribute and ask a lot of questions - very suitable for women." Longreach participant

For further information please contact:

Industry Liaison Officer Colleen James on 07 4652 7826,
Mobile: 0428 580 998 or email: colleen.james@dcq.org.au

Register now 07 4658 0600

Registration is essential. There is no cost to attend the 2 day workshop with all workshop materials, daily smokos, lunches and workshop dinner included.



desert
channels
QUEENSLAND



Blueprint
FOR THE BUSH

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Naturally Resourceful

- Builds on the resourceful nature of rural and regional women
- Helps women to build their skills, knowledge and understanding
- Enhances the community involvement of rural and regional women

Aims and outcomes

The course provides a pathway for women to take leadership responsibilities within the natural resource management field, as well as within the social, producer and political groups and committees.

The course is designed to:

- Encourage participants to take responsibility and action for improved management of the environment
- Improve participants' understanding about the links between good natural resource management practices and social and economic viability
- Develop participants' self confidence
- Encourage participants to be more vocal advocates for continued learning within their communities

Workshops:

1. DiSC personality profiling - identifies why people behave a certain way through providing an individual profile
2. Communication - identifying what is involved and practicing communicating.
3. Succession Planning - 'What is it all about?'
4. Succession Planning - 'Nuts & Bolts'
5. Regional Biodiversity - 'Natural landscapes, flora & fauna'
6. Body Balance - morning exercise session based on yoga, tai chi and pilates and focusses on maintaining strength, flexibility, muscular endurance and mind/body awareness.
7. Financial rural business analysis - how to analyze your business and identify areas for improvement
8. Arts - Interior design hints and tips
9. Health and Wellbeing
10. Supporting change
11. Developing your plan for positive change



Naturally Resourceful has been developed by Swift NRM and will be delivered in partnership with DCQ. This workshop is an initiative of the Desert Channels Landholders Support Service Project that is funded by the Queensland Government's Blueprint for the Bush program.